



Multiparametric vs. Inferior Vena Cava–Based Estimation of Right Atrial Pressure

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Background: Right atrial pressure (RAP) can be estimated by echocardiography from inferior vena cava diameter and collapsibility (eRAP_{IVC}), tricuspid E/e' ratio (eRAP _{E/e'}), or hepatic vein flow (eRAP_{HV}). The mean of these estimates (eRAP_{mean}) might be more accurate than single assessments.

Methods and Results: eRAP_{IVC}, eRAP _{E/e'} , eRAP_{HV} (categorized in 5, 10, 15, or 20 mmHg), eRAP_{mean} (continuous values) and invasive RAP (iRAP) were obtained in 43 consecutive patients undergoing right heart catheterization [median age 69 (58–75) years, 49% males]. There was a positive correlation between eRAP_{mean} and iRAP (Spearman test $r = 0.66$, $P < 0.001$), with Bland–Altman test showing the best agreement for values < 10 mmHg. There was also a trend for decreased concordance between eRAP_{IVC}, eRAP _{E/e'} , eRAP_{HV}, and iRAP across the 5- to 20-mmHg categories, and iRAP was significantly different from eRAP _{E/e'} and eRAP_{HV} for the 20-mmHg category (Wilcoxon signed-rank test $P = 0.02$ and $P < 0.001$, respectively). The areas under the curve in predicting iRAP were nonsignificantly better for eRAP_{mean} than for eRAP_{IVC} at both 5-mmHg [0.64, 95% confidence interval (CI) 0.49–0.80 vs. 0.70, 95% CI 0.53–0.87; Wald test $P = 0.41$] and 10-mmHg (0.76, 95% CI 0.60–0.92 vs. 0.81, 95% CI 0.67–0.96; $P = 0.43$) thresholds.

Conclusions: Our data suggest that multiparametric eRAP_{mean} does not provide advantage over eRAP_{IVC}, despite being more complex and time-consuming.

Keywords: right atrial pressure, echocardiography, right heart catheterization, heart failure, pulmonary hypertension

INTRODUCTION

Right atrial pressure (RAP) is an important prognostic factor in pulmonary hypertension (PH), regardless of whether this latter is due to pulmonary vascular disease, especially pulmonary arterial hypertension (PAH), or heart failure (HF) (1–3).

RAP estimation (eRAP) is usually performed by echocardiography, by assigning a value on a 5-mmHg scale based on inferior vena cava (IVC) diameter and respiratory variation (eRAP_{IVC}) (4–6). Alternatively, RAP may be estimated by assessing the tricuspid

E/e' ratio ($eRAP_{E/e'}$) or by analyzing the hepatic vein (HV) pulsed wave (PW) Doppler spectra ($eRAP_{HV}$) (4, 7–10). All these approaches have limited accuracy (11–13), and it has recently been suggested that the mean of $eRAP_{IVC}$, $eRAP_{E/e'}$, and $eRAP_{HV}$ ($eRAP_{mean}$) is more accurate than $eRAP_{IVC}$ (14). However, this method has been tested only in patients with a left ventricular assist device (LVAD) (14).

The scope of this study was to investigate the correlation between $eRAP_{mean}$ and its components, including $eRAP_{IVC}$, and invasively measured RAP (iRAP) in a cohort of subjects undergoing right heart catheterization (RHC) for different reasons.

METHODS

Study Population

In this prospective, observational, single-center study, we consecutively enrolled the patients who underwent RHC between September 2018 and January 2020 and had at least two components of $eRAP_{mean}$ measurements. For subjects undergoing multiple RHC during the study period, only the first one was considered. As per institutional policy on admission, all patients signed an informed consent to the use of their anonymized clinical data for research purposes. The study protocol was conducted in accordance with the ethical guidelines of the 1975 Declaration of Helsinki.

Echocardiography

A two-dimensional transthoracic echocardiogram was performed by two cardiologists (M.T. and S.G.) blinded to the results of RHC, on the same day of the hemodynamic assessment.

Standard images were acquired with the patient in the lateral decubitus position. Left ventricular (LV) dimensions and function were evaluated in the parasternal long-axis and apical four-chamber views. Mitral and aortic regurgitations were evaluated using color Doppler and continuous-wave Doppler in the apical four- and five-chamber views. LV diastolic function was examined through PW Doppler of the transmitral flow (E-wave and A-wave peak velocities, E/A ratio, deceleration time of the E-wave) and pulsed-tissue Doppler-derived e' velocity of the septal mitral annulus. Right ventricular (RV) end-diastolic basal diameter, tricuspid annular plane systolic excursion (TAPSE), Tissue Doppler S' peak velocity, fractional area change, and tricuspid regurgitation peak velocity (TRV) were assessed in the RV-focused apical four chamber view (4, 9, 15, 16). RV systolic pressure was computed from TRV with the simplified Bernoulli equation (4, 9).

IVC diameter was measured in the subcostal view just proximal to the junction of the HV, at end-expiration and then end-inspiration to determine the respiratory variation (4–6, 9). HV flow was evaluated by PW Doppler in the subcostal view. Peak systolic and diastolic wave velocities (Vs and Vd, respectively) and the relevant velocity-time intervals (VTIs and VTId) were measured, and then the HV systolic filling fraction (HVFF) was calculated as $VTIs/(VTIs + VTId)$ (4, 7, 10). Tricuspid E/e' ratio was derived by the tricuspid inflow E wave velocity (as determined by PW Doppler, with the sample volume

TABLE 1 | Scoring system of right atrial pressure as estimated by echocardiography.

Assigned $eRAP_{E/e'}$ value	$eRAP_{HV}$	$eRAP_{IVC}$	$eRAP_{mean}$
20 mmHg > 8	Vs < Vd and HVFF <45% OR Vs reverse	IVC >21 mm, no collapse	$(eRAP_{E/e'} + eRAP_{HV} + eRAP_{IVC})/3$ OR mean of available values
15 mmHg $6 < x \leq 8$	Vs < Vd and HVFF <55%	IVC >21 mm, <50% collapse	
10 mmHg $4 < x \leq 6$	Vs < Vd and HVFF >55%	IVC >21 mm, >50% collapse OR IVC ≤ 21 mm, <50% collapse	
5 mmHg ≤ 4	Vs > Vd	IVC ≤ 21 mm, $\geq 50\%$ collapse	

$eRAP_{E/e'}$, estimated right atrial pressure (eRAP) based on the tricuspid E/e' ratio; $eRAP_{HV}$, eRAP based on the hepatic vein (HV) pulsed wave Doppler spectra; $eRAP_{IVC}$, eRAP based on inferior vena cava (IVC) diameter and respiratory variation; $eRAP_{mean}$, mean of the different eRAP; Vs, HV peak systolic velocity; Vd, HV peak diastolic velocity; HVFF, HV systolic filling fraction.

at the tips of the leaflets during the RV-focused apical four-chamber view) and tricuspid lateral annulus e' wave velocity (with tissue Doppler imaging) (4, 8, 9). As tricuspid inflow and HV flow are highly sensitive to the respiratory phase, measurements from multiple beats were averaged.

$eRAP_{IVC}$, $eRAP_{E/e'}$, and $eRAP_{HV}$ were given a value between 5 and 20 mmHg on a 5-mmHg scale as summarized in **Table 1** and exemplified in **Figure 1**. $eRAP_{mean}$ was calculated as $(eRAP_{IVC} + eRAP_{E/e'} + eRAP_{HV})/3$ and thereby consisted of continuous values.

Interobserver variability was quantified by weighted κ analysis, with k values of <0.21, 0.21–0.40, 0.41–0.60, 0.61–0.80, and 0.81–1 being considered poor, fair, moderate, good, and very good agreement, respectively (17).

Right Heart Catheterization

RHC was performed under local anesthesia in the cardiac catheterization laboratory by other cardiologists (G.C., M.B., I.P., and P.A.), who were unaware of the results of the echocardiography. A balloon-tipped Swan-Ganz catheter was introduced through a sheath inserted into the femoral, antecubital, or jugular vein. The zero reference level was set at the midthoracic level. The catheter was advanced through the right heart chambers to the pulmonary artery, and pressures were measured. Then, the balloon was inflated, and the catheter was pushed forward up to the wedge position to record pulmonary artery wedge pressure. Finally, RV pressures and iRAP (mean over 5 cardiac cycles) were measured during catheter pull-back. Cardiac output was obtained by means of the thermodilution technique or Fick's indirect method (Dehmer formula), with the latter one being preferred in the presence of intracardiac or extracardiac shunts or severe tricuspid regurgitation.

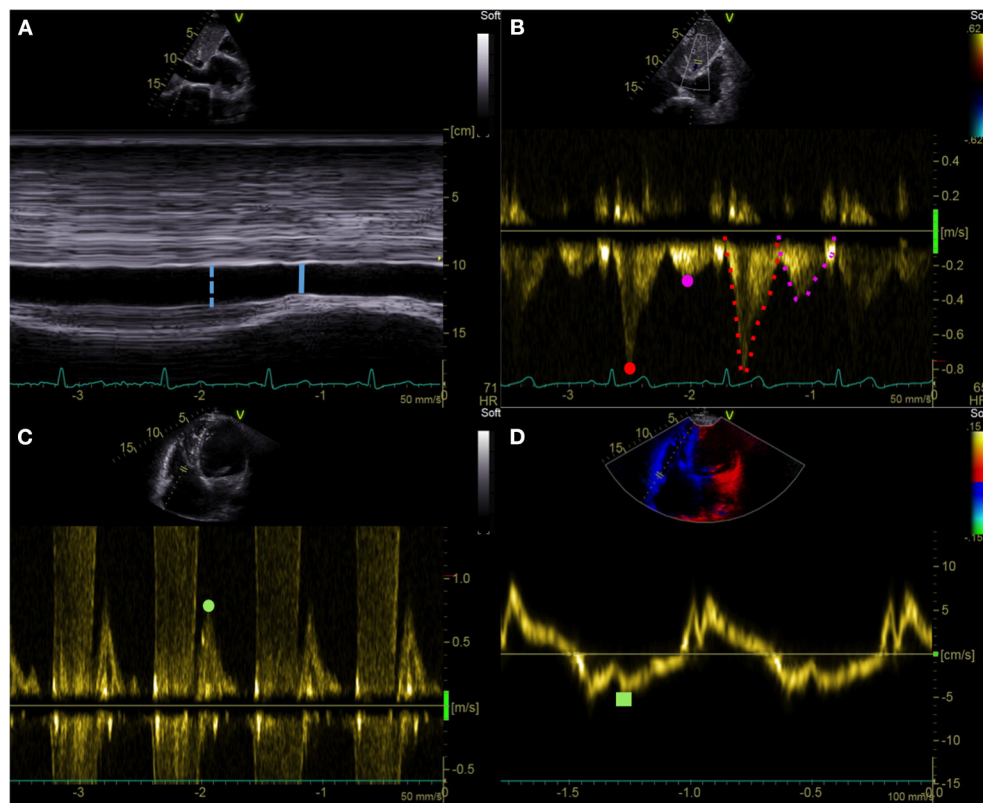


FIGURE 1 | Echocardiographic right atrial pressure estimation. **(A)** IVC end-expiratory diameter (blue dotted line) and respiratory variation (solid line). **(B)** HV pulsed wave Doppler assessment: Vs (red dot), Vd (purple dot), VTIs (red dotted line), and VTId (purple dotted line). **(C,D)** Tricuspid E/e' ratio: pulsed wave Doppler tricuspid inflow early E-wave peak velocity (green dot) and tricuspid lateral annulus tissue Doppler imaging e' wave velocity (green square). IVC, inferior vena cava; HV, hepatic vein; Vs, hepatic vein peak systolic velocity; Vd, hepatic vein peak diastolic velocity; VTIs, velocity-time interval of the HV systolic wave; VTId, velocity-time interval of the HV diastolic wave.

Statistical Analysis

Statistical analyses were performed using IBM SPSS Statistics version 25.0. GraphPad Prism was also used to make the Figures.

Normality was assessed with the Kolmogorov–Smirnov test. Continuous variables are presented as mean $\pm$ standard deviation or median with interquartile range, as appropriate. Categorical variables are reported as absolute count and percentages. The relationship between iRAP and IVC diameter, tricuspid E/e' ratio, HVFF, or eRAP_{mean} was analyzed by Spearman correlation ρ test. The correlation between eRAP_{mean} and iRAP was also visually appraised by the Bland–Altman method. Furthermore, the correspondence between iRAP and eRAP_{IVC}, eRAP _{E/e'} , and eRAP_{HV} values was evaluated using the Wilcoxon signed-rank test. The 5- and 10-mmHg eRAP thresholds were tested against the same iRAP thresholds by receiver operating characteristic (ROC) areas under the curve (AUCs), and the eRAP_{HV}, eRAP _{E/e'} , and eRAP_{mean} AUC were compared with the eRAP_{IVC} AUC by means of the Wald test.

Because eRAP_{mean} and its components had not been compared before, no expected difference between these

assessments was available to set a minimum number of enrolled patients.

RESULTS

Forty-three patients were included in the analysis. Their characteristics are shown in **Table 2**. The reasons for RHC were PH diagnosis (29 subjects, of whom 6 were found with PAH, 5 with chronic thromboembolic PH, and 4 with left heart disease–associated PH, and 14 did not actually have PH), PAH reassessment (10 subjects), or evaluation of HF eligibility to LVAD or heart transplant (4 subjects). Median age was 69 (58–75) years, and 28 (65%) patients were older than 65 years; male and female genders were equally distributed. Functional class was most often II, and median N-terminal pro-brain natriuretic peptide was 462 (114–2,045) ng/L. At the hemodynamic evaluation, median iRAP was 7 (3–11) mmHg, and 67% of the patients had an iRAP value below the 8-mmHg cutoff that identifies a higher risk of mortality (1, 18).

Echocardiographic assessment of IVC was feasible in the entire study population, whereas HV parameters and tricuspid

TABLE 2 | Clinical, echocardiographic and hemodynamic characteristics of the study population.

Age (years)	69 [58–75]
Males	21 (49)
NYHA class I	4 (9)
II	24 (56)
III	11 (26)
IV	4 (9)
Systolic blood pressure (mmHg)	120 [105–140]
Heart rate (beat/min)	70 [65–84]
NT-proBNP (ng/L)	462 [114–2045]
Hemoglobin (g/dl)	12.8 ± 1.9
Creatinine (mg/dl)	1.0 [0.8–1.3]
β-Blocker	19 (44)
RASi	17 (49)
Loop diuretic	23 (54)
PAH therapy	11 (26)
RV basal diameter (mm)	40 ± 9
TAPSE (mm)	19 ± 4
RV FAC (%)	32 ± 11
RV S' peak velocity (m/s)	0.12 ± 0.03
TRV (m/s)	3.4 ± 0.8
RVSP (mmHg)	51 ± 23
IVC diameter at end-expiration (mm)	16 (12–20)
Hepatic Vs (m/s)	0.4 ± 0.6
Hepatic Vd (m/s)	0.5 ± 0.3
Hepatic Vs/Vd ratio	1.4 ± 0.6
HVFF	53 ± 14
Tricuspid E/e' ratio	4.1 [3.5–5.5]
Mitral E/A	0.9 [0.7–1.2]
Mitral E/e' ratio	9 ± 4
Mitral DT E (ms)	211 ± 55
LVEF < 55%	6 (14)
sPAP (mmHg)	53 ± 22
dPAP (mmHg)	20 ± 10
mPAP (mmHg)	32 ± 13
PAWP (mmHg)	11 ± 7
iRAP (mmHg)	7 [3–11]
Cardiac index (L/min per m ²)	2.8 [2.4–3.5]
PVR (WU)	3 [1.3–7]

Data are presented as mean ± SD, median [IQR] or n (%), as appropriate.

NYHA, New York Heart Association functional class; AF, atrial fibrillation; NT-proBNP, N-terminal pro brain natriuretic peptide; RASi, renin-angiotensin system inhibitors; PAH, pulmonary arterial hypertension; RV, right ventricular; TAPSE, tricuspid annular plane systolic excursion; FAC, fractional area change; TRV, tricuspid regurgitation peak velocity; RVSP, right ventricular systolic pressure; IVC, inferior vena cava; Vs, hepatic vein peak systolic velocity; Vd, hepatic vein peak diastolic velocity; HVFF, hepatic vein filling fraction; DT, deceleration time; LVEF, left ventricular ejection fraction; sPAP, systolic pulmonary arterial pressure; dPAP, diastolic pulmonary arterial pressure; mPAP, mean pulmonary arterial pressure; PAWP, pulmonary artery wedge pressure; iRAP, invasive right atrial pressure; PVR, pulmonary vascular resistance.

E/e' ratio were not determinable in 4 and 2 patients, respectively. Interobserver agreement was very good (weighted $k = 0.84, 0.90$, and 0.87 for eRAP_{IVC}, eRAP_{E/e'}, eRAP_{HV}, respectively). Median

eRAP_{IVC}, eRAP_{E/e'}, eRAP_{HV}, and eRAP_{mean} were 5 (5–10), 5 (5–20), 10 (5–10), and 6.7 (5–11.7) mmHg, respectively.

The parameters from which eRAP_{IVC}, eRAP_{E/e'}, and eRAP_{HV} are derived were positively correlated with iRAP: r was 0.47 for IVC diameter ($P = 0.002$), 0.44 for tricuspid E/e' ratio ($P = 0.004$), and 0.46 for HVFF ($P = 0.007$). Consistently, there was also a positive correlation between eRAP_{mean} and iRAP ($r = 0.66, P < 0.001$; **Figure 2, left**). The Bland–Altman plot showed that eRAP_{mean} was in agreement with iRAP especially when ≤ 10 mmHg (**Figure 2, right**). For all eRAP components, 5 mmHg was the most frequent estimate, and the actual iRAP was not significantly different from it (**Figure 3**). For the 10-mmHg category, the concordance between eRAP components and iRAP was less frequent, particularly for eRAP_{E/e'} and eRAP_{HV}, although not to a statistically significant extent. For the 15-mmHg value, it was possible to test only the correlation between iRAP and eRAP_{IVC} (no significant difference), as the number of eRAP_{E/e'} and eRAP_{HV} was too low. A statistically significant difference between iRAP and eRAP_{E/e'} ($P = 0.02$) and eRAP_{HV} ($P < 0.001$) was instead found for the 20-mmHg threshold (**Figure 3**).

The accuracy in predicting iRAP was numerically highest for eRAP_{mean} for both the 5- and the 10-mmHg categories (**Table 3** and **Figure 4**). Nonetheless, the AUC of eRAP_{mean} was not significantly different from that of eRAP_{IVC}, nor were the AUC of eRAP_{HV} and eRAP_{E/e'} (**Table 3**).

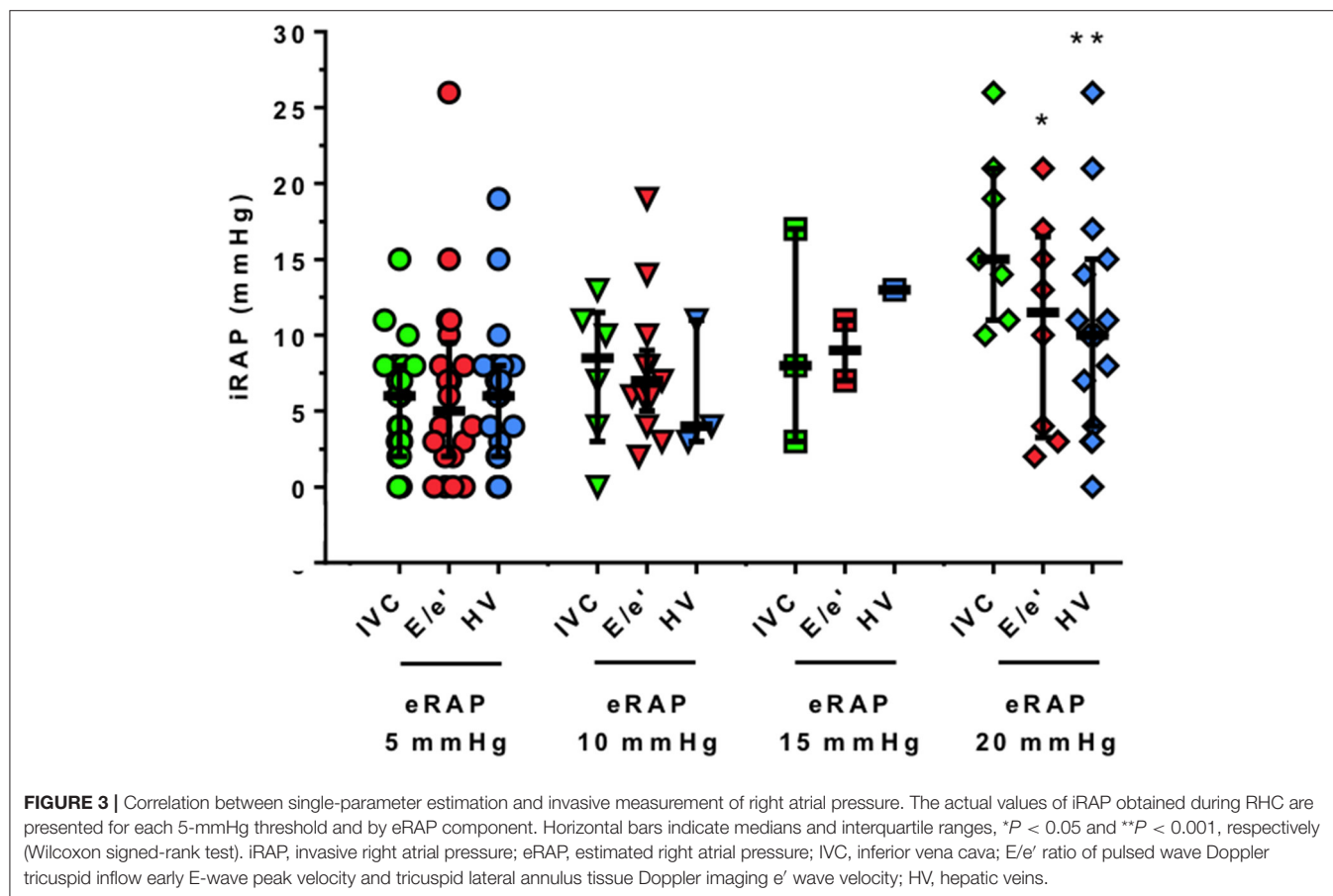
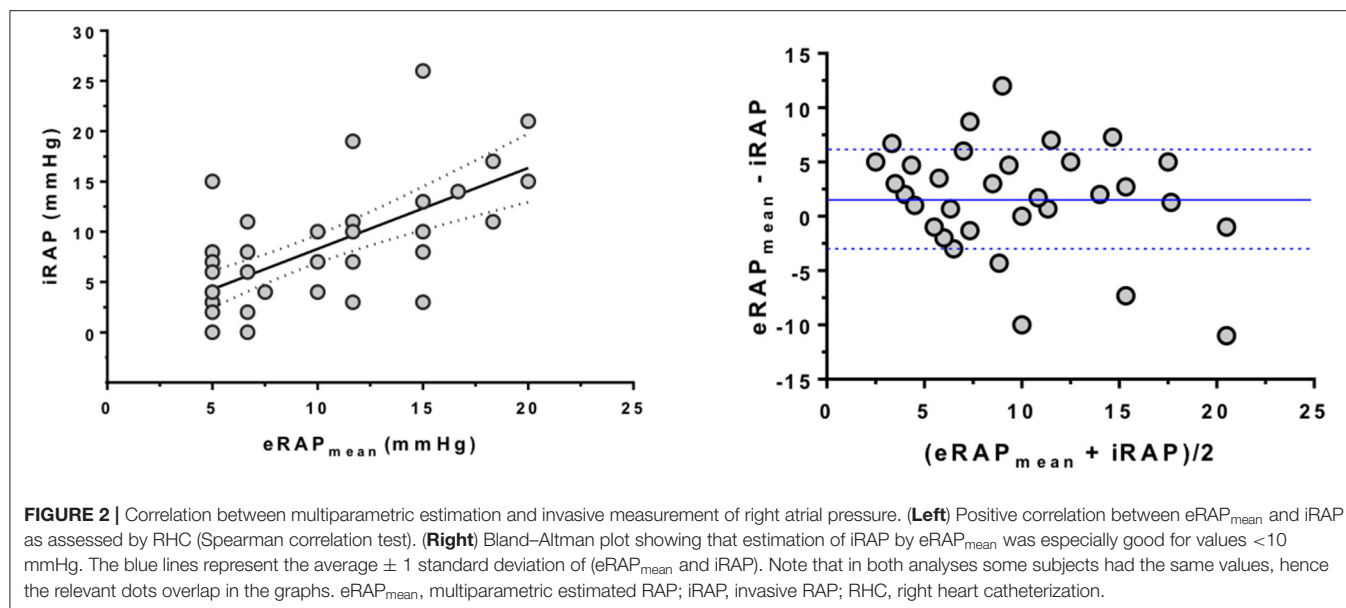
DISCUSSION

eRAP is part of the standard transthoracic echocardiographic examination and provides important information. It is fundamental in the diagnostic workup of PH, as systolic pulmonary artery pressure is calculated as the sum of eRAP and RV systolic pressure (1, 4, 9). Furthermore, elevated eRAP is associated with worse prognosis in HF (19, 20) and PAH (21).

In clinical practice, eRAP is obtained by examining the dimension and respiratory collapsibility of IVC (6). Other methods for eRAP exist, but have not been validated across different populations (11). Hence, eRAP_{IVC} is recommended as the default approach, with other modalities being complementary (4, 22). Nonetheless, eRAP_{IVC} is approximate. A semiautomated assessment of IVC collapsibility and pulsatility has recently been proposed to overcome the limitations of eRAP_{IVC} (23). Alternatively, eRAP could be more precise if the estimates attained with different techniques were incorporated into a multiparametric scoring system (13).

On this background, we determined the accuracy of averaging the values of eRAP derived from the evaluation of IVC, HV PW Doppler profiles, and tricuspid E/e' ratio. Although eRAP_{mean} did correlate with iRAP, it did not perform significantly better than eRAP_{IVC} in predicting iRAP.

Individual comparisons of eRAP_{IVC}, eRAP_{E/e'}, and eRAP_{HV} with iRAP have already been drawn (6–8, 24–27). By contrast, to our knowledge, only one recent investigation with LVAD patients considered eRAP_{IVC}, eRAP_{E/e'}, and eRAP_{HV} together to compute eRAP_{mean} (14). In this study like in ours, eRAP_{mean} had



the greatest AUC for the detection of $iRAP > 10$ mmHg. However, the authors focused on the value of $eRAP_{mean}$ in combination with several other echocardiographic variables in guiding LVAD management, and no statistical comparison between ROC

was performed, precluding any conclusion about the higher accurateness of $eRAP_{mean}$ over $eRAP_{IVC}$. It is also notable that we included a heterogeneous cohort of subjects, a crucial step to understand the potential clinical value of $eRAP_{mean}$.

For each $eRAP_{mean}$ component ($eRAP_{IVC}$, $eRAP_{E/e'}$, and $eRAP_{HV}$), echocardiographic and invasive values were more often similar when $eRAP$ was <10 mmHg. As a consequence, the

correspondence between $eRAP_{mean}$ and $iRAP$ also appeared to be looser for $eRAP_{mean}$ values >10 mmHg. The highest discordance with $iRAP$ was found for $eRAP_{E/e'}$ and $eRAP_{HV}$ >10 mmHg. Consistent with our results, the cutoffs beyond which $eRAP_{E/e'}$ was less reliable in previous studies were also <10 mmHg (8, 28).

Overall, the present work supports the systematic use of $eRAP_{IVC}$ in the clinical arena, as it is the simplest way to estimate RAP. Moreover, an extensive literature indicates that the echocardiographic evaluation of IVC offers diagnostic and prognostic cues *per se*, regardless of which value is assigned to $eRAP_{IVC}$. Demonstration of a dilated and/or non-collapsible IVC may be sufficient to identify patients with HF and increased LV filling pressures (29) and has been associated with HF hospitalization and mortality (19, 30, 31). In addition, a larger IVC size at discharge was related to a higher risk of readmission after a first hospitalization for HF (32, 33). An independent prognostic role of IVC dilation and reduced collapsibility has also been shown in PAH (34). However, $eRAP_{E/e'}$ and $eRAP_{HV}$ may be more convenient in specific populations. $eRAP_{E/e'}$ can be helpful in patients with a poor subcostal ultrasound window (24), and HVFF has specifically been evaluated in mechanically ventilated patients (7).

Until $eRAP_{IVC}$ remains the reference in clinical practice, efforts to improve it are desirable, for instance, by tracking the respirophasic movements of the IVC in echocardiographic videoclips (23).

We acknowledge that the sample we examined was small and mostly made of subjects with a low $iRAP$. Thus, the data presented here should be viewed as preliminary to bigger studies

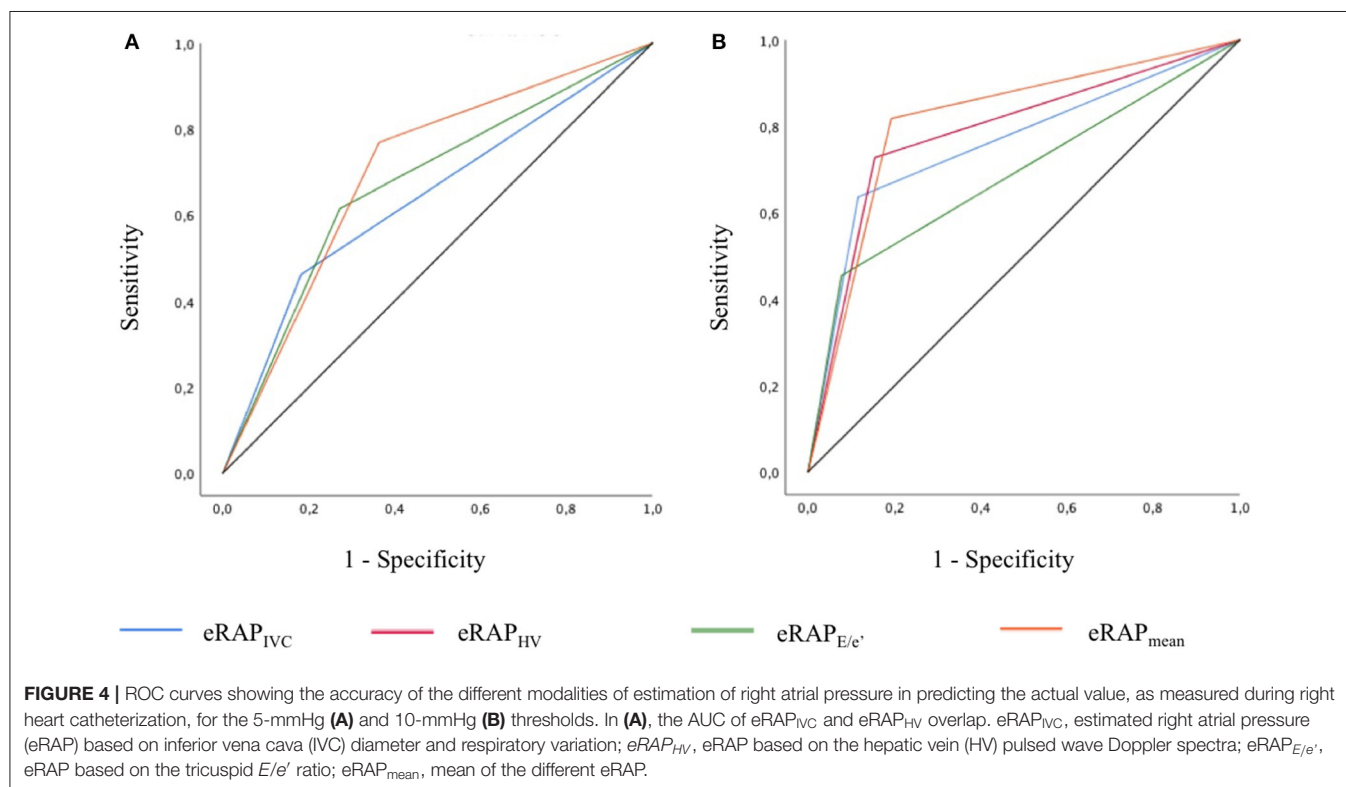
TABLE 3 | Accuracy of the different methods for estimating right atrial pressure.

	$iRAP > 5$ mmHg			Contrast <i>P</i>-value
	AUC	95% CI	Standard error	
$eRAP_{IVC}$	0.64	(0.49–0.80)	0.08	-
$eRAP_{HV}$	0.64	(0.49–0.80)	0.08	1.00
$eRAP_{E/e'}$	0.67	(0.50–0.84)	0.09	0.75
$eRAP_{mean}$	0.70	(0.53–0.87)	0.09	0.41

	$iRAP > 10$ mmHg			Contrast <i>P</i>-value
	AUC	95% CI	Standard error	
$eRAP_{IVC}$	0.76	(0.60–0.92)	0.08	—
$eRAP_{HV}$	0.79	(0.63–0.94)	0.08	0.78
$eRAP_{E/e'}$	0.69	(0.53–0.85)	0.08	0.46
$eRAP_{mean}$	0.81	(0.67–0.96)	0.07	0.43

For both the 5- and the 10-mmHg threshold, the ROC AUC of $eRAP_{HV}$, $eRAP_{E/e'}$, and $eRAP_{mean}$ were compared with the one of $eRAP_{IVC}$: the resulting *P*-values are shown in the right column.

AUC, area under the curve; $eRAP_{IVC}$, estimated right atrial pressure (eRAP) based on inferior vena cava (IVC) diameter and respiratory variation; $eRAP_{HV}$, eRAP based on the hepatic vein (HV) pulsed wave Doppler spectra; $eRAP_{E/e'}$, eRAP based on the tricuspid E/e' ratio; $eRAP_{mean}$, mean of the different eRAP; $iRAP$, invasive right atrial pressure.



with a wider range of iRAP. On the other hand, this work is the first one addressing the performance of eRAP_{mean} in a series of consecutive patients with different cardiac disorders. It is also remarkable that eRAP and iRAP were assessed on the same day and, in most cases, few hours apart by reciprocally blinded investigators.

CONCLUSIONS

The optimal approach for eRAP during transthoracic echocardiography is debated; recently, it has been suggested that incorporating the analysis of IVC, tricuspid E/e' ratio, and HV is better than relying only on IVC assessment.

In this prospective cohort of patients in whom RAP was invasively measured, however, multiparametric eRAP was not more precise than the estimate based on IVC, tricuspid E/e' ratio, or HV.

While awaiting for additional studies, we conclude that, at present, evaluation of IVC diameter and collapsibility is preferable for eRAP.

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DATA AVAILABILITY STATEMENT

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

ETHICS STATEMENT

The studies involving human participants were reviewed and approved by IRCCS Ospedale Policlinico San Martino Institutional Review Board. The patients/participants provided their written informed consent to participate in this study.

AUTHOR CONTRIBUTIONS

MT and PA designed the study, collected and data, and wrote the article. SG, GC, GM, MB, and IP collected data. GC and MC analyzed data. FM wrote the article. All authors contributed to the article and approved the submitted version.

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Conflict of Interest: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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