












Proenkephalin improves cardio-renal risk prediction in acute coronary syndromes: the KID-ACS score

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Abstract

Background and Aims Circulating proenkephalin (PENK) is a stable endogenous polypeptide with fast response to glomerular dysfunction and tubular damage. This study examined the predictive value of PENK for renal outcomes and mortality in patients with acute coronary syndrome (ACS).

Methods Proenkephalin was measured in plasma in a prospective multicentre ACS cohort from Switzerland ($n = 4787$) and in validation cohorts from the UK ($n = 1141$), Czechia ($n = 927$), and Germany ($n = 220$). A biomarker-enhanced risk score (KID-ACS score) for simultaneous prediction of in-hospital acute kidney injury (AKI) and 30-day mortality was derived and externally validated.

Results On multivariable adjustment for established risk factors, circulating PENK remained associated with in-hospital AKI [per log₂ increase: adjusted odds ratio 1.53, 95% confidence interval (CI) 1.13–2.09, $P = .007$] and 30-day mortality (adjusted hazard ratio 2.73, 95% CI 1.85–4.02, $P < .001$). The KID-ACS score integrates PENK and showed an area under the receiver operating characteristic curve (AUC) of .72 (95% CI .68–.76) for in-hospital AKI and .91 (95% CI .87–.95) for 30-day mortality in the derivation cohort. Upon external validation, KID-ACS achieved similarly high performance for in-hospital AKI (Zurich: AUC .73, 95% CI .70–.77; Czechia: AUC .75, 95% CI .68–.81; Germany: AUC .71, 95% CI .55–.87) and 30-day mortality (UK: AUC .87, 95% CI .83–.91; Czechia: AUC .91, 95% CI .87–.94; Germany: AUC .96, 95% CI .92–1.00), outperforming the contrast-associated AKI score and the Global Registry of Acute Coronary Events 2.0 score, respectively.

Conclusions Circulating PENK offers incremental value for predicting in-hospital AKI and mortality in ACS. The simple six-item KID-ACS risk score integrates PENK and provides a novel tool for simultaneous assessment of renal and mortality risk in patients with ACS.

Structured Graphical Abstract

Key Question

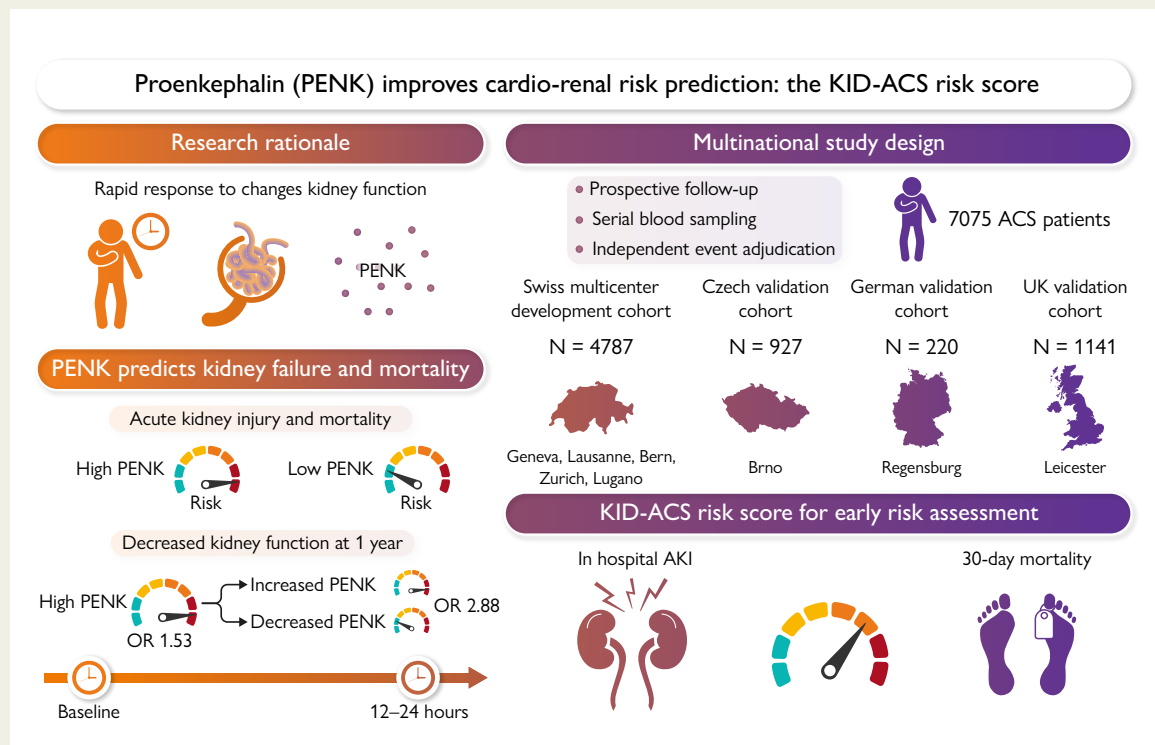
Does circulating proenkephalin (PENK) improve early assessment of renal and mortality risk in patients with acute coronary syndrome (ACS)?

Key Finding

Circulating PENK ranked among the strongest predictors of renal outcomes and mortality. The newly developed 6-item KID-ACS risk score for in-hospital AKI and 30-day mortality integrated PENK levels and outperformed established risk models. KID-ACS showed excellent predictive performance in external validation cohorts and required fewer patient variables than established risk scores.

Take Home Message

Circulating PENK is a strong predictor of in-hospital AKI and 30-day mortality informing early risk assessment using the KID-ACS score.



Circulating proenkephalin (PENK) was identified as a novel marker of in-hospital acute kidney injury (AKI) and increased mortality risk in patients with acute coronary syndrome (ACS). Circulating PENK levels were measured at presentation in three independent prospective ACS cohorts from Switzerland, the UK, Czechia, and Germany. In the multicentre Swiss cohort (SPUM-ACS Biomarker Study), PENK levels were additionally measured after 12–24 h. High levels of PENK were independently associated with increased risk of in-hospital AKI (per \log_2 increase, adjusted odds ratio 1.53) and 30-day mortality (per \log_2 increase, adjusted odds ratio 2.73) beyond established risk factors. Patients with dynamic increase in PENK levels at 12–24 h displayed 2.88-fold higher in-hospital AKI risk when adjusting for established risk factors. The newly developed six-item KID-ACS risk score for in-hospital AKI and 30-day mortality integrates PENK levels outperforms established risk models. KID-ACS showed excellent predictive performance upon external validation and requires fewer patient variables.

Keywords

Acute coronary syndromes • Acute kidney injury • Mortality risk • Proenkephalin • Risk prediction

Introduction

The early assessment of renal and mortality risk is essential to guide treatment decisions in patients with acute coronary syndrome (ACS).^{1,2} In particular, the combination of low cardiac output, renal congestion, and high comorbidity burden predispose the ACS patient population to increased risk of poor renal outcomes. Acute kidney injury (AKI) is a frequent complication of ischaemia-related haemodynamic impairment and coronary revascularization, which is linked to excess mortality.³ However, established risk scores for AKI and mortality in this population show limited predictive performance,^{1,3,4} involve different risk calculators for each outcome, and require a myriad of patient variables.

Moreover, currently available risk models^{1,3,4} in patients with ACS, who undergo percutaneous coronary intervention (PCI) in most cases, rely on serum creatinine, a notoriously unreliable marker with delayed response to acute kidney damage.^{5,6} While changes in creatinine are not detectable until nearly 50% of kidney function in healthy individuals is lost,^{7–9} new functional biomarkers with an earlier response to changes in kidney function allow for improved prediction of renal and cardiovascular outcomes.^{7,10}

Proenkephalin (PENK) is a stable endogenous polypeptide, which reflects glomerular dysfunction and tubular damage.^{7,11–13} Given its fast response to kidney dysfunction,¹⁴ PENK has emerged as a real-time biomarker of AKI^{7,11,15,16} in critically ill patients and holds promise to guide timely preventive management strategies in ACS.¹⁷

Harnessing four prospective ACS cohorts from Switzerland, the UK, Czechia, and Germany, we herein aimed to study the predictive value of PENK and to develop and externally validate a simple biomarker-enhanced risk score for early assessment of both AKI and mortality risk in patients with ACS.

Methods

Study design

We used prospective ACS cohorts from Switzerland ($n = 4787$), the UK ($n = 1141$), Czechia ($n = 927$), and Germany ($n = 220$) (Supplementary data online, Figure S1). The multicentre prospective Swiss cohort (SPUM-ACS Biomarker Study, ClinicalTrials.gov Identifier: NCT01000701) was used to study the predictive value of PENK and to derive a biomarker-enhanced risk score for AKI and mortality (KID-ACS score).^{18,19} The UK cohort (Leicester Acute Myocardial Infarction Peptide study)¹⁷ was used for external validation of the mortality prediction model. The Czech (Global Research on Acute Conditions Team study)^{20,21} and German cohorts²² were used for external validation of the AKI and mortality prediction models.

In the investigator-initiated, multicentre prospective SPUM-ACS Biomarker Study, a total of 4787 patients with ACS were recruited from December 2009 to December 2017.^{18,19,23–30} Acute coronary syndrome diagnoses were independently confirmed by experienced cardiologists at local study facilities.^{19,24} Guideline-directed therapy regimens were applied, as reported previously.²⁴ Characteristics of the UK cohort,¹⁷ the Czech cohort,^{17,20,21} and the German cohort²² are summarized in the Supplementary data.

All study participants gave written informed consent.^{17,19,21,22} The present study was carried out in accordance with the Declaration of Helsinki and approved by local Ethics Committees (reference number: EK-1688/2019-01809).^{17,19,21,22}

Biomarker measurements

Ethylenediaminetetraacetic acid (EDTA) blood samples were obtained at time of presentation (Timepoint 1, all cohorts) and after 12–24 h (Timepoint 2, Swiss cohort).^{19,24} Plasma samples were immediately frozen

and stored at -80°C . Proenkephalin levels were centrally measured using a sandwich immunoassay targeting PENK amino acids 119–159 (sphingotest penKid, SphingoTec GmbH, Hennigsdorf, Germany) with a lower limit of detection equivalent to 5.5 pmol/L.^{17,31,32} A Centro LB 960 microtitre plate luminometer (Berthold Technologies GmbH & Co. KG) was used to measure luminescence. Intra- and inter-assay coefficients of variation amounted to 6.4% and 9.5% at 50 pmol/L and 4.0% and 6.5% at 150 pmol/L, respectively. Laboratory personnel blinded to sample allocation and patient data conducted the measurements. Biomarkers analysed and assays used are summarized in the Supplementary data.

Study endpoints, follow-up, and outcome adjudication

Primary endpoints were in-hospital AKI and 30-day mortality. Additional endpoints were chronic kidney disease (CKD) and mortality at 1 year. Acute kidney injury was defined according to the Kidney Disease Improving Global Outcomes (KDIGO) criteria, which require an absolute (≥ 3 mg/dL) or a relative (≥ 1.5 times) increase of serum creatinine assessed at hospital discharge compared with baseline values, as reported previously.^{3,6,15,33–38} Chronic kidney disease was defined as decrease of estimated glomerular filtration rate (eGFR) to <60 mL/min/1.73 m² calculated according to the Chronic Kidney Disease Epidemiology Collaboration (CKD-EPI) 2009 equation,³⁹ as reported previously.^{40–45} Patients on dialysis were excluded from analyses involving the prediction of renal outcomes. Patients with eGFR <60 mL/min/1.73 m² were excluded from analyses involving the 1-year CKD endpoint.

In Switzerland, patients with ACS were followed up at hospital discharge, at 30 days (phone call), and 1 year (clinical visit). Trained study personnel at the respective study centres collected baseline and event data using a centralized web-based data entry system (CARDIOBASE, Clinical Trial Unit and Department of Cardiology, University Hospital Bern, Bern, Switzerland, and Webspirit Systems GmbH, Ulm, Germany).¹⁹ An independent clinical endpoint committee involving three certified expert cardiologists blinded to patients' baseline characteristics assessed fatal events using pre-specified adjudication forms.¹⁹ Data collection was overseen by a committee including expert cardiologists from each study site. The adjudication of outcomes in the UK cohort, the Czech cohort, and the German cohort is summarized in the Supplementary data.

Predictive value of proenkephalin

To study the association of PENK with renal outcomes and mortality, continuous levels of PENK were log₂-transformed, i.e. relative effect estimates correspond to a doubling in PENK levels.¹⁹ In addition, patients were divided according to PENK quartiles (Q) and biomarker levels analysed on a categorical scale. Dynamic changes in PENK levels within the first 12–24 h after presentation were studied on a continuous scale (per 10 pmol/L increase) and on a categorical scale (increase vs. decrease). To study the predictive value of peri-procedural changes in PENK for in-hospital AKI, we conducted a subgroup analysis in patients who underwent PCI before the second measurement. Cox proportional hazards regression models were used to examine the association of PENK at presentation with fatal events at 30 days and 1 year (365 days). Logistic regression models were used to study the association of PENK with in-hospital AKI and CKD at 1 year. In addition, we used logistic regression to explore the relationship of in-hospital AKI with CKD at 1 year and with mortality at 1 year.⁴⁶ Multivariable analyses were conducted using a stepwise approach adjusting for predefined covariables. Based on previous observations and biological plausibility, covariables for the prediction of fatal events included sex, age, ACS type, history of diabetes, high-sensitivity C-reactive protein, high-sensitivity troponin T (hs-TnT), revascularization, history of smoking, and the Global Registry of Acute Coronary Events (GRACE) 2.0 risk at baseline using predefined thresholds for mortality risk.^{19,24,47} Predictions of in-hospital AKI using PENK levels at presentation were adjusted for sex, body mass index (BMI),

systolic blood pressure, and the contrast-associated AKI (CA-AKI) risk score (Model 1), which integrates ACS type, eGFR, left ventricular ejection fraction, diabetes, haemoglobin, glucose, heart failure on admission, and age.³ Predictions of in-hospital AKI using dynamic changes in PENK levels were adjusted for sex, BMI, systolic blood pressure, procedure duration, and the CA-AKI risk score (Model 2), which integrates ACS type, eGFR, left ventricular ejection fraction, diabetes, haemoglobin, glucose, heart failure on admission, age, contrast volume, procedural bleed, slow flow or no flow post procedure, and complex anatomy.³ Predictions of CKD at 1 year using PENK levels at presentation were adjusted for sex, BMI, history of smoking, and variables included in the Framingham Risk Score for the Development of Chronic Kidney Disease (Model 2),⁴³ which lacks a score nomogram: age, history of diabetes, history of hypertension, and eGFR category. Predictions of CKD at 1 year using dynamic changes in PENK levels were adjusted for sex, BMI, history of smoking, procedure duration, contrast volume, and variables included in the Framingham Risk Score for the Development of Chronic Kidney Disease (Model 2)⁴³: age, history of diabetes, history of hypertension, and eGFR category. Analyses exploring the association between in-hospital AKI and CKD at 1 year were adjusted for sex, BMI, history of smoking, procedure duration, contrast volume, and variables included in the Framingham Risk Score for the Development of Chronic Kidney Disease (Model 2)⁴³: age, history of diabetes, history of hypertension, and eGFR. Additional exploratory analyses included multivariable adjustments for established and emerging biomarkers, alternative adjustment strategies, and an alternative definition of 1-year renal outcome, defined as 30% relative decline in eGFR (see [Supplementary data](#)).

Score development

The KID-ACS risk score was developed in the Swiss multicentre cohort of prospectively recruited patients with ACS. Separate prediction models were derived for the prediction of in-hospital AKI and 30-day mortality (see [Supplementary data](#)). In the development of the in-hospital AKI model, patients from study centre Zurich were reserved for external validation.

Recursive feature elimination was applied to identify the most relevant predictors for in-hospital AKI and 30-day mortality.^{48–53} We found substantial overlap in the top-ranking predictors of both endpoints, including circulating PENK, and chose the number of features at the inflection point of performance.^{48,53} Among the top 10 predictors for both outcomes, 6 variables were included in the final multivariable models: age, cardiac arrest, PENK, N-terminal pro-B-type natriuretic peptide (NT-proBNP), leucocyte count, and glucose. In addition, we developed an extended seven-item post-procedural prediction model for in-hospital AKI, which incorporates peri-procedural changes in PENK levels and achieves slightly improved performance (see [Supplementary data](#)). Final models were transformed into a risk score available from a nomogram, which assigns integer points to each factor based on the magnitude of association with in-hospital AKI and 30-day mortality.

Performance analysis and external validation

Discrimination was assessed by the area under the receiver operating characteristic (ROC) curve (AUC).⁵⁴ Calibration was assessed graphically using smoothed calibration curves.⁵⁵ Clinical utility was evaluated using decision curve analyses.⁵⁶ Based on statistical power considerations, model performance was compared to established risk models for in-hospital AKI (i.e. the CA-AKI risk score³) and mortality (i.e. the GRACE 2.0 score⁴) in the Zurich validation cohort and the UK validation cohort, respectively. We tested non-inferiority of KID-ACS compared to established risk scores at -0.05 delta AUC using a one-sided hypothesis test (see [Supplementary data](#)). Incremental discrimination was evaluated by comparing the AUC using DeLong's test for paired ROC curves.⁵⁷ Incremental reclassification over existing models was evaluated using the continuous net reclassification improvement (NRI).⁵⁸

Statistical analyses

Density plots and quantile–quantile plots were applied to assess the distribution of continuous variables. Normal variables are presented as mean \pm standard deviation (SD) and non-normal variables as median and interquartile range (IQR).¹⁹ Categorical data are reported as counts and valid percentages.¹⁹ Continuous variables were compared with unpaired Student's *t*-test and Mann–Whitney *U* test, and categorical variables with the χ^2 test and Fisher's exact test.⁵⁹ The association of circulating PENK with clinical outcomes was studied in complete case regression models, as appropriate.^{24,46,58} Risk score development was based on power calculations^{48,60} and conducted using multiply imputed data (see [Supplementary data, Table S25](#)).^{18,56,61} To analyse a potential impact of the imputation on the results, sensitivity analyses were conducted using complete cases.¹⁸ Resampling techniques (i.e. bootstrapping with 1000 replicates)^{19,59} were used for internal validation of the independent association of PENK with in-hospital AKI and 30-day mortality. *P*-values and confidence intervals (CIs) are two sided unless specified otherwise. The study followed the framework for development, validation, and transparent reporting of prediction models summarized by Steyerberg and Vergouwe⁵⁵ and the TRIPOD statement⁶² and was conducted according to the principles of the STROBE statement.⁵⁴ Statistical analyses were performed with R software version 4.2.2. A detailed description of the statistical analyses is provided in the [Supplementary data](#).

Results

Circulating proenkephalin is elevated in the acute phase of acute coronary syndrome

A total of 7075 patients with ACS were enrolled in Switzerland ($n = 4787$), the UK ($n = 1141$), Czechia ($n = 927$), and Germany ($n = 220$) (see [Supplementary data online, Figure S1](#)). Circulating PENK levels at presentation were significantly elevated in patients with ACS compared to sex- and age- matched control subjects [62.7 IQR (50.1–80.2) pmol/L vs. 50.2 IQR (43.5–58.5) pmol/L, $P < .001$] and decreased within the first 12–24 h [53.4 (41.9–71.2) pmol/L, $P < .001$]. Dynamic increases in the first 12–24 h occurred in 964 (31.3%) patients. A total of 443 (10.3%) and 421 (15.2%) patients developed in-hospital AKI and 1-year CKD, respectively ([Tables 1 and 2, Supplementary data online, Tables S1–S3](#)).

Proenkephalin levels predict renal outcomes and mortality beyond established risk scores

Circulating PENK was identified as a useful predictor of in-hospital AKI above and beyond established risk factors and the CA-AKI risk score [per \log_2 increase: adjusted odds ratio (OR) 1.53, 95% CI 1.13–2.09, $P = .007$; Q4 vs. Q1–Q3: adjusted OR 1.64, 95% CI 1.15–2.32, $P = .006$; [Figure 1A, Supplementary data online, Tables S4 and S5](#)]. Moreover, high PENK levels translated into increased rates of CKD at 1-year follow-up adjusting for established risk factors and the Framingham Risk Score for the Development of Chronic Kidney Disease⁴³ (per \log_2 increase: adjusted OR 2.23, 95% CI 1.52–3.27, $P < .001$; Q4 vs. Q1–Q3: OR 1.62, 95% CI 1.13–2.28, $P = .007$; [Figure 1B, Supplementary data online, Tables S4, S5, S22 and S23](#)). Exploratory analyses on the association of PENK levels and renal outcomes, considering established and emerging biomarkers including cystatin C, alternative adjustment strategies, and relative eGFR changes as outcome, yielded similar results (see [Supplementary data online,](#)

Table 1 Baseline characteristics of patients with acute coronary syndrome in the Swiss cohort (SPUM-ACS Biomarker Study) according to proenkephalin quartiles

	All patients (n = 4311)	PENK quartile 1 <50.1 pmol/L (n = 1074)	PENK quartile 2 >50.1–62.7 pmol/L (n = 1072)	PENK quartile 3 >62.7–79.9 pmol/L (n = 1073)	PENK quartile 4 >79.9 pmol/L (n = 1092)	P-value
Age (years)	63.3 ± 12.4	58.5 ± 10.1	61.4 ± 11.6	63.3 ± 12.2	70.0 ± 12.5	<.001
Female	879/4311 (20.4%)	124/1074 (11.5%)	169/1072 (15.8%)	218/1073 (20.3%)	368/1092 (33.7%)	<.001
BMI (kg/m ²)	27.1 ± 4.4	28.3 ± 4.6	27.2 ± 4.2	26.9 ± 4.2	26.0 ± 4.1	<.001
Body surface area (m ²)	1.9 ± 0.2	2.0 ± 0.2	2.0 ± 0.2	1.9 ± 0.2	1.8 ± 0.2	<.001
STEMI	2252/4311 (52.2%)	484/1074 (45.1%)	519/1072 (48.4%)	604/1073 (56.3%)	645/1092 (59.1%)	<.001
Heart rate (b.p.m.)	76.7 ± 15.7	78.2 ± 15.6	76.4 ± 15.1	76.0 ± 15.3	76.3 ± 16.6	.006
Systolic blood pressure (mmHg)	129.1 ± 23.5	129.0 ± 23.2	130.8 ± 22.7	128.9 ± 22.9	127.7 ± 25.0	.022
Left ventricular ejection fraction (%)	51.7 ± 11.2	52.5 ± 10.6	52.3 ± 11.1	51.9 ± 10.7	49.7 ± 12.3	<.001
Killip class						<.001
I	3675/4197 (87.6%)	977/1051 (93.0%)	933/1048 (89.0%)	917/1046 (87.7%)	848/1052 (80.6%)	
II	344/4197 (8.2%)	51/1051 (4.9%)	78/1048 (7.4%)	89/1046 (8.5%)	126/1052 (12.0%)	
III	84/4197 (2.0%)	13/1051 (1.2%)	21/1048 (2.0%)	22/1046 (2.1%)	28/1052 (2.7%)	
IV	94/4197 (2.2%)	10/1051 (1.0%)	16/1048 (1.5%)	18/1046 (1.7%)	50/1052 (4.8%)	
Smoking						<.001
Current smoker	1649/4247 (38.8%)	485/1062 (45.7%)	450/1058 (42.5%)	389/1061 (36.7%)	325/1066 (30.5%)	
Former smoker	1189/4247 (28.0%)	278/1062 (26.2%)	290/1058 (27.4%)	320/1061 (30.2%)	301/1066 (28.2%)	
Non-smoker	1409/4247 (33.2%)	299/1062 (28.2%)	318/1058 (30.1%)	352/1061 (33.2%)	440/1066 (41.3%)	
Medical history						
Myocardial infarction	522/4303 (12.1%)	102/1074 (9.5%)	111/1069 (10.4%)	131/1071 (12.2%)	178/1089 (16.3%)	<.001
Diabetes						<.001
No diabetes	3560/4241 (83.9%)	875/1047 (83.6%)	908/1057 (85.9%)	913/1058 (86.3%)	864/1079 (80.1%)	
Non-insulin treated	471/4241 (11.1%)	129/1047 (12.3%)	101/1057 (9.6%)	111/1058 (10.5%)	130/1079 (12.0%)	
Insulin treated	210/4241 (5.0%)	43/1047 (4.1%)	48/1057 (4.5%)	34/1058 (3.2%)	85/1079 (7.9%)	
Hypertension	2409/4309 (55.9%)	556/1074 (51.8%)	566/1072 (52.8%)	579/1073 (54.0%)	708/1090 (65.0%)	<.001
Dyslipidaemia	2754/4310 (63.9%)	712/1074 (66.3%)	675/1072 (63.0%)	678/1073 (63.2%)	689/1091 (63.2%)	.311
Family history of CAD	1056/4252 (24.8%)	272/1061 (25.6%)	269/1062 (25.3%)	283/1057 (26.8%)	232/1072 (21.6%)	.037
Cerebrovascular disease	160/4311 (3.7%)	28/1074 (2.6%)	23/1072 (2.1%)	44/1073 (4.1%)	65/1092 (6.0%)	<.001

Continued

Table 1 Continued

	All patients (n = 4311)	PENK quartile 1 <50.1 pmol/L (n = 1074)	PENK quartile 2 >50.1–62.7 pmol/L (n = 1072)	PENK quartile 3 >62.7–79.9 pmol/L (n = 1073)	PENK quartile 4 >79.9 pmol/L (n = 1092)	P-value
Heart failure	54/4309 (1.3%)	4/1074 (.4%)	14/1072 (1.3%)	4/1073 (.4%)	32/1090 (2.9%)	<.001
Dialysis	21/4311 (.5%)	1/1074 (.1%)	0/1072 (0%)	1/1073 (.1%)	19/1092 (1.7%)	<.001
Clinical chemistry and haematology						
Haemoglobin (g/dL)	13.8 (12.7–14.9)	14.2 (13.2–15.2)	14.1 (13.0–15.0)	13.8 (12.9–14.9)	13.1 (11.8–14.3)	<.001
WBC (G/L)	9.6 (7.5–12.2)	9.8 (7.5–12.2)	9.6 (7.4–12.0)	9.6 (7.6–12.0)	9.4 (7.3–12.3)	.783
Neutrophils (G/L)	7.0 (5.0–9.4)	6.9 (4.9–9.4)	7.0 (4.9–9.4)	7.1 (5.0–9.3)	7.0 (5.1–9.7)	.472
Lymphocytes (G/L)	1.8 (1.2–2.8)	2.1 (1.4–4.2)	1.8 (1.3–2.7)	1.7 (1.2–2.5)	1.6 (1.1–2.4)	<.001
NL ratio	4.5 (2.7–7.4)	4.0 (2.5–6.5)	4.2 (2.6–7.1)	4.8 (3.1–7.6)	4.9 (2.9–8.3)	<.001
High-sensitivity C-reactive protein (mg/L)	2.7 (1.1–7.3)	3.2 (1.2–9.3)	2.5 (1.1–6.2)	2.2 (1.0–5.5)	2.9 (1.1–8.6)	<.001
LDL-C (mmol/L)	3.1 (2.4–3.8)	3.2 (2.5–3.9)	3.2 (2.5–3.9)	3.1 (2.4–3.9)	2.9 (2.1–3.7)	<.001
HbA1c (%)	5.8 (5.5–6.3)	5.7 (5.5–6.3)	5.7 (5.5–6.2)	5.8 (5.5–6.1)	5.8 (5.5–6.5)	.073
Glucose (mg/dL)	115 (101–142)	117 (103–144)	114 (99–137)	115 (101–142)	119 (101–146)	.004
PENK (pmol/L)	62.7 (50.1–80.2)	42.8 (37.4–46.8)	56.4 (53.4–59.5)	70.1 (66.2–74.4)	95.8 (86.2–115.2)	<.001
Creatinine (mg/dL)	.9 (7–10)	.8 (7–9)	.8 (7–10)	.9 (8–10)	1.0 (8–13)	<.001
eGFR ^a (mL/min/1.73 m ²)	88.2 (72.2–99.2)	96.8 (87.8–104.3)	92.4 (82.1–101.4)	85.9 (72.9–97.3)	68.4 (50.2–85.2)	<.001
NT-proBNP (ng/L)	334 (108–1158)	283 (85–838)	267 (95–881)	275 (99–990)	625 (167–2380)	<.001
hs-TnT (ng/L)	197 (59–642)	233 (54–755)	189 (61–684)	177 (55–586)	195 (65–579)	.214
Baseline medication						
Aspirin	1229/2777 (44.3%)	243/629 (38.6%)	280/643 (43.5%)	302/689 (43.8%)	404/816 (49.5%)	.001
P2Y12 inhibitors	320/1912 (16.7%)	63/452 (13.9%)	70/429 (16.3%)	75/469 (16.0%)	112/562 (19.9%)	.075
Beta-blocker	978/2760 (35.4%)	190/626 (30.4%)	202/636 (31.8%)	240/687 (34.9%)	346/811 (42.7%)	<.001
ACE-inhibitor/ARB	1474/2757 (53.5%)	302/624 (48.4%)	308/635 (48.5%)	341/687 (49.6%)	523/811 (64.5%)	<.001
Vitamin K antagonist/DOAC	170/2775 (6.1%)	24/628 (3.8%)	26/642 (4.0%)	43/689 (6.2%)	77/816 (9.4%)	<.001
Diuretic	674/2771 (24.3%)	118/627 (18.8%)	132/639 (20.7%)	139/689 (20.2%)	285/816 (34.9%)	<.001
Immunosuppressive drugs	118/2775 (4.3%)	22/628 (3.5%)	17/642 (2.6%)	19/689 (2.8%)	60/816 (7.4%)	<.001
NSAID	165/2775 (5.9%)	39/628 (6.2%)	38/642 (5.9%)	38/689 (5.5%)	50/816 (6.1%)	.949
Oral antidiabetics	502/2775 (18.1%)	131/628 (20.9%)	116/642 (18.1%)	117/689 (17.0%)	138/816 (16.9%)	.205

Continued

Table 1 Continued

	All patients (n = 4311)	PENK quartile 1 <50.1 pmol/L (n = 1074)	PENK quartile 2 >50.1–62.7 pmol/L (n = 1072)	PENK quartile 3 >62.7–79.9 pmol/L (n = 1073)	PENK quartile 4 >79.9 pmol/L (n = 1092)	P-value
Outcomes						
30-day death	59/4311 (1.4%)	6/1074 (.6%)	6/1072 (.6%)	8/1073 (.7%)	39/1092 (3.6%)	<.001
1-year death	148/4311 (3.4%)	21/1074 (2.0%)	24/1072 (2.2%)	22/1073 (2.1%)	81/1092 (7.4%)	<.001
In-hospital AKI	443/4157 (10.7%)	80/1033 (7.7%)	78/1019 (7.7%)	94/1036 (9.1%)	191/1069 (17.9%)	<.001
1-year CKD ^b	421/2763 (15.2%)	28/714 (3.9%)	51/730 (7.0%)	112/722 (15.5%)	230/597 (38.5%)	<.001

Categorical data are shown as numbers and percentages (%). Continuous data are presented as median and IQR or as mean ± SD. Groups were compared using analysis of variance, the Kruskal–Wallis test, the χ^2 test, or Fisher's exact test, as appropriate.

ACE, angiotensin-converting enzyme; AKI, acute kidney injury; ARB, angiotensin II receptor blocker; BMI, body mass index; CAD, coronary artery disease; CKD, chronic kidney disease; DOAC, direct oral anticoagulant; eGFR, estimated glomerular filtration rate; HbA1c, haemoglobin A1c; HDL-C, high-density lipoprotein cholesterol; hs-TnT, high-sensitivity troponin T; LDL-C, low-density lipoprotein cholesterol; NL, neutrophil-lymphocyte; NSAID, non-steroidal anti-inflammatory drugs; NT-proBNP, N-terminal pro-B-type natriuretic peptide; PENK, proenkephalin; STEMI, ST-segment elevation myocardial infarction; WBC, white blood count.

^aThe eGFR was calculated using the Chronic Kidney Disease Epidemiology Collaboration (CKD-EPI) 2009 equation.

^bChronic kidney disease is defined as decrease in eGFR to <60 mL/min/1.73 m² at 1-year follow-up.^{40,45}

Tables S6–S10). Of note, the development of AKI during index hospitalization was strongly related to 1-year CKD (adjusted OR 5.00, 95% CI 3.17–7.86, $P < .001$) and 1-year mortality after hospital discharge [adjusted hazard ratio (HR) 2.83, 95% CI 1.77–4.51, $P < .001$; [Supplementary data online, Table S11](#)].

Dynamic changes in PENK levels within the first 12–24 h after presentation were associated with both in-hospital AKI (per 10 pmol/L increase: adjusted OR 1.27, 95% CI 1.15–1.43, $P < .001$; increase vs. decrease: adjusted OR 2.88, 95% CI 1.83–4.57, $P < .001$) and 1-year CKD (per 10 pmol/L increase: adjusted OR 1.09, 95% CI 1.00–1.20, $P = .048$; increase vs. decrease: adjusted OR 1.63, 95% CI 1.12–2.35, $P = .010$; [Figure 1C, Supplementary data online, Table S12](#)) on top of established patient and procedure characteristics including PCI duration and contrast volume. These results were similarly observed in the subgroup of patients undergoing PCI before the second measurement (see [Supplementary data online, Table S13](#)). Increased PENK after PCI was related to a 2.7-fold increase in AKI risk (OR 2.71, 95% CI 1.44–5.10, $P = .002$).

Circulating PENK at presentation predicted mortality at 30 days (per log₂ increase: adjusted HR 2.73, 95% CI 1.85–4.02, $P < .001$; Q4 vs. Q1–Q3: adjusted HR 4.21, 95% CI 1.85–9.58, $P = .001$) and at 1 year (per log₂ increase: adjusted HR 1.66, 95% CI 1.22–2.26, $P = .001$; Q4 vs. Q1–Q3: adjusted HR 1.68, 95% CI 1.07–2.64, $P = .023$) beyond established risk factors and the GRACE 2.0 risk score, in line with previous evidence (see [Supplementary data online, Table S14](#)).¹⁷ Similar results were obtained upon internal validation (see [Supplementary data online, Tables S15 and S16](#)).

Derivation and external validation of the KID-ACS score

The novel KID-ACS risk score incorporates different variable importance for in-hospital AKI and 30-day mortality and predicts both events with a single set of six variables ([Figure 2](#)). In the development cohort, the score performed well in predicting in-hospital AKI (AUC .72, 95% CI .68–.76) and 30-day mortality (AUC .91, 95% CI .87–.95; [Figure 2A, Supplementary data online, Tables S17–S19](#)). Similar findings were obtained in subgroups stratified by sex, type of ACS, type of intervention, and baseline renal function (see [Supplementary data online, Table S20 and S24](#)). In the external validation cohorts, KID-ACS achieved similarly high performance for in-hospital AKI (Zurich validation cohort AUC .73, 95% CI .70–.77; Czech validation cohort AUC .75, 95% CI .68–.81; German validation cohort AUC .71, 95% CI .55–.87) and 30-day mortality (UK validation cohort AUC .87, 95% CI .83–.91; Czech validation cohort AUC .91, 95% CI .87–.94; German validation cohort AUC .96, 95% CI .92–1.00). KID-ACS showed good calibration and high clinical utility ([Figure 2B, Supplementary data online, Figures S2 and S3](#)).

KID-ACS improves on established risk scores

The simple six-item KID-ACS score ([Figure 3](#)) was non-inferior to the CA-AKI risk score and the GRACE 2.0 risk score, which require a total of 15 clinical variables (each $P < .001$). KID-ACS showed significantly improved performance in predicting in-hospital AKI compared to the CA-AKI score (delta AUC .11, 95% CI .07–.16, $P < .001$; NRI .48, 95% CI .34–.62, $P < .001$). Similarly, KID-ACS had significantly higher performance in predicting 30-day mortality compared to the GRACE 2.0 score (delta AUC .05, 95% CI .01–.09, $P = .009$; NRI .67, 95% CI .38–.95, $P < .001$). Similar results were observed in complete case

Table 2 Treatment characteristics of patients with acute coronary syndrome in the Swiss cohort (SPUM-ACS Biomarker Study) according to proenkephalin quartiles

	All patients (n = 4311)	PENK quartile 1 <50.1 pmol/L (n = 1074)	PENK quartile 2 >50.1– 62.7 pmol/L (n = 1072)	PENK quartile 3 >62.7– 79.9 pmol/L (n = 1073)	PENK quartile 4 >79.9 pmol/L (n = 1092)	P-value
Revascularization strategy						
PCI	3946/4069 (97.0%)	980/1019 (96.2%)	976/1009 (96.7%)	984/1009 (97.5%)	1006/1032 (97.5%)	.224
Door to balloon (min)	78 (45–179)	88 (48–258)	80.5 (45–204)	76 (42–148)	77 (45–141)	.001
PCI duration (min)	29 (19–45)	28.5 (18–45)	28 (18–45)	31 (19–45)	30 (20–46)	.296
Infarct-related artery						
RCA	1346/4088 (32.9%)	329/1021 (32.2%)	349/1016 (34.4%)	320/1013 (31.6%)	348/1038 (33.5%)	.034
LMCA	68/4088 (1.7%)	11/1021 (1.1%)	14/1016 (1.4%)	19/1013 (1.9%)	24/1038 (2.3%)	
LAD	1801/4088 (44.1%)	435/1021 (42.6%)	446/1016 (43.9%)	457/1013 (45.1%)	463/1038 (44.6%)	
LCx	823/4088 (20.1%)	239/1021 (23.4%)	196/1016 (19.3%)	204/1013 (20.1%)	184/1038 (17.7%)	
SVG	50/4088 (1.2%)	7/1021 (.7%)	11/1016 (1.1%)	13/1013 (1.3%)	19/1038 (1.8%)	
Requirement of circulatory support						
Vasopressor use	113/4306 (2.6%)	20/1073 (1.9%)	16/1071 (1.5%)	22/1072 (2.1%)	55/1090 (5.0%)	<.001
Mechanical circulatory support	120/4306 (2.8%)	20/1073 (1.9%)	27/1070 (2.5%)	24/1072 (2.2%)	49/1091 (4.5%)	.001
Contrast volume (mL)						
<100	332/4212 (7.9%)	74/1054 (7.0%)	87/1047 (8.3%)	65/1046 (6.2%)	106/1065 (10.0%)	.038
100–199	2158/4212 (51.2%)	551/1054 (52.3%)	506/1047 (48.3%)	547/1046 (52.3%)	554/1065 (52.0%)	
200–299	1279/4212 (30.4%)	313/1054 (29.7%)	344/1047 (32.9%)	322/1046 (30.8%)	300/1065 (28.2%)	
≥300	443/4212 (10.5%)	116/1054 (11.0%)	110/1047 (10.5%)	112/1046 (10.7%)	105/1065 (9.9%)	
Excessive contrast volume used ^a	578/4198 (13.8%)	72/1046 (6.9%)	86/1043 (8.2%)	132/1045 (12.6%)	288/1064 (27.1%)	<.001
Procedural bleed ^b	443/3987 (11.1%)	88/990 (8.9%)	101/995 (10.2%)	110/992 (11.1%)	144/1010 (14.3%)	.001
Slow flow or no flow post procedure	47/3894 (1.2%)	15/962 (1.6%)	4/967 (.4%)	10/968 (1.0%)	18/997 (1.8%)	.025
Complex anatomy ^c	2151/3664 (58.7%)	520/928 (56.0%)	526/910 (57.8%)	542/902 (60.1%)	563/924 (60.9%)	.131
Duration of hospital stay (days)	3 (1–5)	3 (1–5)	2 (1–5)	2 (1–5)	3 (1–6)	<.001
Left ventricular ejection fraction at discharge (%)	51.7 ± 11.5	53.1 ± 10.8	52.3 ± 11.8	51.7 ± 11.0	49.7 ± 12.3	<.001
Discharge medication						
Aspirin	4226/4266 (99.1%)	1065/1072 (99.3%)	1060/1066 (99.4%)	1057/1067 (99.1%)	1044/1061 (98.4%)	.055
P2Y12 inhibitors	4063/4063 (100.0%)	1018/1018 (100.0%)	1008/1008 (100.0%)	1028/1028 (100.0%)	1009/1009 (100.0%)	1.000

Continued

Table 2 Continued

	All patients (n = 4311)	PENK quartile 1 <50.1 pmol/L (n = 1074)	PENK quartile 2 >50.1– 62.7 pmol/L (n = 1072)	PENK quartile 3 >62.7– 79.9 pmol/L (n = 1073)	PENK quartile 4 >79.9 pmol/L (n = 1092)	P-value
Beta-blocker	3336/4262 (78.3%)	840/1070 (78.5%)	824/1066 (77.3%)	830/1067 (77.8%)	842/1059 (79.5%)	.631
ACE-inhibitor/ARB	3745/4264 (87.8%)	938/1072 (87.5%)	932/1066 (87.4%)	939/1067 (88.0%)	936/1059 (88.4%)	.895
Vitamin K antagonist/DOAC	304/4311 (7.1%)	61/1074 (5.7%)	63/1072 (5.9%)	76/1073 (7.1%)	104/1092 (9.5%)	.001
Diuretic	999/4265 (23.4%)	195/1072 (18.2%)	211/1066 (19.8%)	220/1067 (20.6%)	373/1060 (35.2%)	<.001
Immunosuppressive drugs	111/4265 (2.6%)	22/1072 (2.1%)	13/1066 (1.2%)	20/1067 (1.9%)	56/1060 (5.3%)	<.001
NSAID	60/4265 (1.4%)	21/1072 (2.0%)	12/1066 (1.1%)	15/1067 (1.4%)	12/1060 (1.1%)	.316
Oral antidiabetics	502/4263 (11.8%)	143/1072 (13.3%)	117/1065 (11.0%)	117/1066 (11.0%)	125/1060 (11.8%)	.282

Categorical data are shown as numbers and percentages (%). Continuous data are presented as median and IQR or as mean \pm SD. Groups were compared using analysis of variance, the Kruskal–Wallis test, the χ^2 test, or Fisher's exact test, as appropriate.

ACE, angiotensin-converting enzyme; ARB, angiotensin II receptor blocker; DOAC, direct oral anticoagulant; LAD, left anterior descending coronary artery; LCx, left circumflex coronary artery; LMCA, left main coronary artery; NSAID, non-steroidal anti-inflammatory drugs; PCI, percutaneous coronary intervention; PENK, proenkephalin; RCA, right coronary artery; SVG, saphenous vein graft.

^aExcessive contrast volume used was defined as the contrast dose to eGFR ratio ≥ 3.7 .²

^bProcedural bleed was defined as a decrease in haemoglobin value of >3 g/dL compared to before the procedure.

^cComplex anatomy was defined as multivessel disease, more than two lesions, high coronary lesion complexity, chronic total occlusion, lesion length >30 mm, or bifurcation.

analyses. Taking into consideration dynamic changes in PENK levels led to slightly improved model performance for predicting in-hospital AKI (see [Supplementary data online, Table S21 and Figure S4](#)).

Discussion

Harnessing multiple large prospective ACS cohorts, we (i) show for the first time that circulating PENK offers incremental utility for predicting renal outcomes in patients with ACS, (ii) report for the first time that the occurrence of in-hospital AKI is independently related to long-term renal outcomes in patients with ACS, (iii) identified PENK as a marker of all-cause mortality in line with previous evidence, and (iv) developed and externally validated the first risk score for early assessment of both AKI and mortality risk in patients with ACS ([Structured Graphical Abstract](#)).

New kidney biomarkers allow for refined prediction of both renal and cardiovascular outcomes.^{7,63–65} Circulating PENK, a stable endogenous polypeptide with no protein binding or cleavage known,^{5,66} has emerged as an early marker of glomerular dysfunction and tubular damage from a plethora of preclinical and clinical studies.^{5,65,67,68} Previous evidence demonstrates that high PENK portends adverse kidney outcomes,^{15,32,34,68–72} adverse cardiovascular events,^{10,73} and all-cause mortality⁷¹ in different critically ill patient populations highlighting its potential for risk stratification in patients with ACS. In particular, faster increase of PENK plasma levels after kidney stress (within 2–6 h)¹⁴ and their stronger correlation with measured glomerular filtration rate^{66,67,74} compared to serum creatinine and cystatin C may help identify individuals who are likely to develop AKI. Thus, the integration of this novel biomarker might have merit to refine personalized and timely

treatment strategies in acutely ill patient populations, such as patients with ACS.

Acute kidney injury is a common complication of ACS and occurs due to low cardiac output, renal congestion, or both.⁷ In addition, high comorbidity burden and the administration of contrast agents make patients with ACS particularly susceptible to AKI.^{3,75,76} Indeed, around 5%–15% of patients with ACS develop AKI during index hospitalization^{77–79} with up to 30% of cases considered preventable by timely initiation of adequate supportive measures.⁶⁵

Here, we show that circulating PENK at presentation is a predictor of AKI development, sustained kidney damage, and fatal events during follow-up beyond established risk factors in patients with ACS ([Figure 1A and B](#)). High PENK at presentation was associated with 1.6-fold increased risk of in-hospital AKI and 1.6-fold increased risk of CKD at 1-year (see [Supplementary data online, Table S4](#)). Of note, we found that the occurrence of AKI during index hospitalization is strongly related to adverse long-term renal outcomes in patients with ACS, matching observations in other patient populations^{80,81} (see [Supplementary data online, Table S11](#)). Moreover, in-hospital AKI conferred increased mortality risk, in line with previous studies.^{3,82}

As recommended for the evaluation of AKI biomarkers,⁶⁵ we explored PENK trajectories using serial biomarker measurements. Our results indicate that dynamic changes in PENK levels within the first 12–24 h are tightly linked to the development of in-hospital AKI in patients with ACS who underwent PCI in the vast majority of cases. Dynamic increases in PENK translated into 2.9-fold increased AKI risk. These results were similarly observed in the subgroup of patients undergoing PCI suggesting that peri-procedural changes in PENK may refine early post-PCI risk assessment ([Figure 1C](#)).

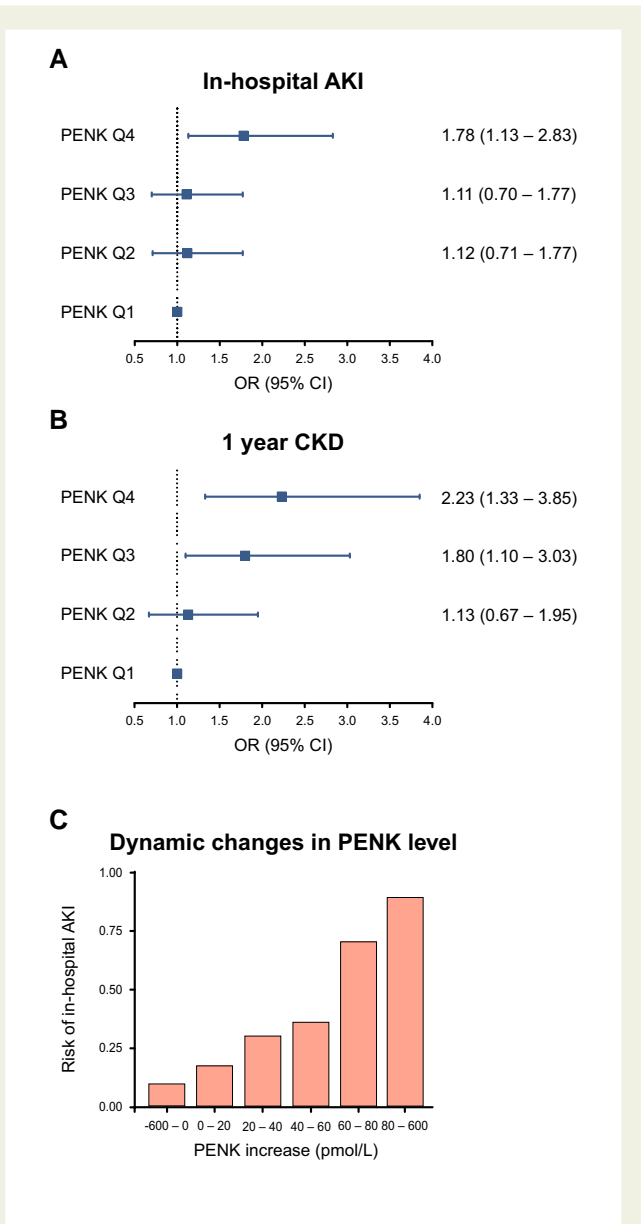


Figure 1 Circulating proenkephalin predicts renal outcomes in acute coronary syndrome. (A) Multivariable-adjusted odds ratio for in-hospital acute kidney injury according to proenkephalin quartile (Q). (B) Multivariable-adjusted odds ratio for incident chronic kidney disease at 1 year after the index acute coronary syndrome according to proenkephalin quartile. (C) Dynamic increases of proenkephalin within the first 12–24 h after presentation relate to the risk to develop in-hospital acute kidney injury. The fully adjusted regression model for in-hospital acute kidney injury included sex, body mass index, systolic blood pressure, and the contrast-associated acute kidney injury risk score (Model 1). The fully adjusted regression model for 1-year chronic kidney disease included sex, body mass index, history of smoking, and the Framingham Risk Score for the Development of Chronic Kidney Disease.⁴³ Squares indicate the mean estimates of the odds ratio, and line lengths equal corresponding 95% confidence intervals

In addition to the assessment of mortality risk, accurate prediction of AKI risk in patients with ACS is important for treatment stratification and tailored surveillance. Previous risk scores for AKI were mostly

derived from US patient populations^{3,83,84} using single-centre PCI registries^{3,83} or retrospective analysis of healthcare records,⁸⁴ showed limited external validity,^{85,86} required a multitude of patient variables,^{3,83,84} and fell short of relevant biomarkers.^{3,83,84}

According to current recommendations,^{1,65} a combination of kidney and non-kidney biomarkers along with clinical information should guide ACS management including the timing and type of interventions, preventive measures, and supportive care. The KID-ACS score is informed by patient age, cardiac arrest status, kidney damage (PENK),⁶⁸ congestion (NT-proBNP),⁸⁷ inflammation (leucocyte count),⁸⁸ and stress response (glucose)⁸⁹ with varying contribution of the individual variables, depending on the predicted outcome (Figure 2C). KID-ACS shows excellent predictive performance and clinical utility for both in-hospital AKI and 30-day mortality (see Supplementary data online, Figure S3).

Previous studies have shown the safety and efficacy of biomarker-guided patient management to reduce the incidence and severity of AKI in other clinical settings.^{65,90,91} The newly developed biomarker-enhanced KID-ACS score could be used to support future decision-making regarding the timing of invasive treatment and kidney protection in patients with ACS. Specifically, refined assessment of renal and of mortality risk will support (i) personalized pre-, intra-, and post-procedural fluid management, (ii) patient triage and timing of coronary interventions in patients with non-ST-elevation ACS,⁹² (iii) avoidance of nephrotoxic substances,^{93–95} (iv) adapted dosing of renally eliminated drugs,^{94–96} and (v) effective monitoring during hospitalization.^{1,93}

Simultaneous prediction of multiple clinically relevant endpoints by a single risk tool facilitates the integration of personalized risk assessment into clinical practice (Figure 3).⁹⁷ In particular, in time-sensitive situations, a single score informed by six variables promises higher utility than a combination of different risk scores^{3,4} requiring a total of 15 or more different variables. The geographical and sociocultural diversity of the external validation cohorts of prospectively enrolled patients supports the generalizability of our results.

In conclusion, circulating PENK is a useful predictor of renal outcomes and mortality in patients with ACS on top of established risk factors. The KID-ACS score integrates PENK levels and provides a contemporary simple tool for early assessment of both renal and mortality risk in patients presenting with ACS. Further external validation of KID-ACS is warranted.

Strengths and limitations

This study has several strengths. First, the multinational design involving external validation of the results in independent prospective ACS cohorts from different countries ensures high external validity and allows to account for regional differences in ACS phenotypes and healthcare systems. The SPUM-ACS Biomarker Study constitutes one of the largest and best characterized cohorts of patients with ACS worldwide. It provides in-depth patient characterization, an extensive blood biobank, information on renal function during long-term follow-up, and external adjudication of clinical outcomes. The prospective multicentre design of SPUM-ACS together with its contemporary patient population undergoing guideline-based treatment approaches grants for high quality of the collected data. Furthermore, a longitudinal blood sampling strategy enabling exploration of temporal dynamics in biomarker levels constitutes a rare resource for the characterization of risk factor profiles in patients with ACS. In addition, the central assessment of established biomarkers (hs-TnT, NT-proBNP, and high-sensitivity C-reactive protein) in the core laboratory at the University Hospital Zurich and

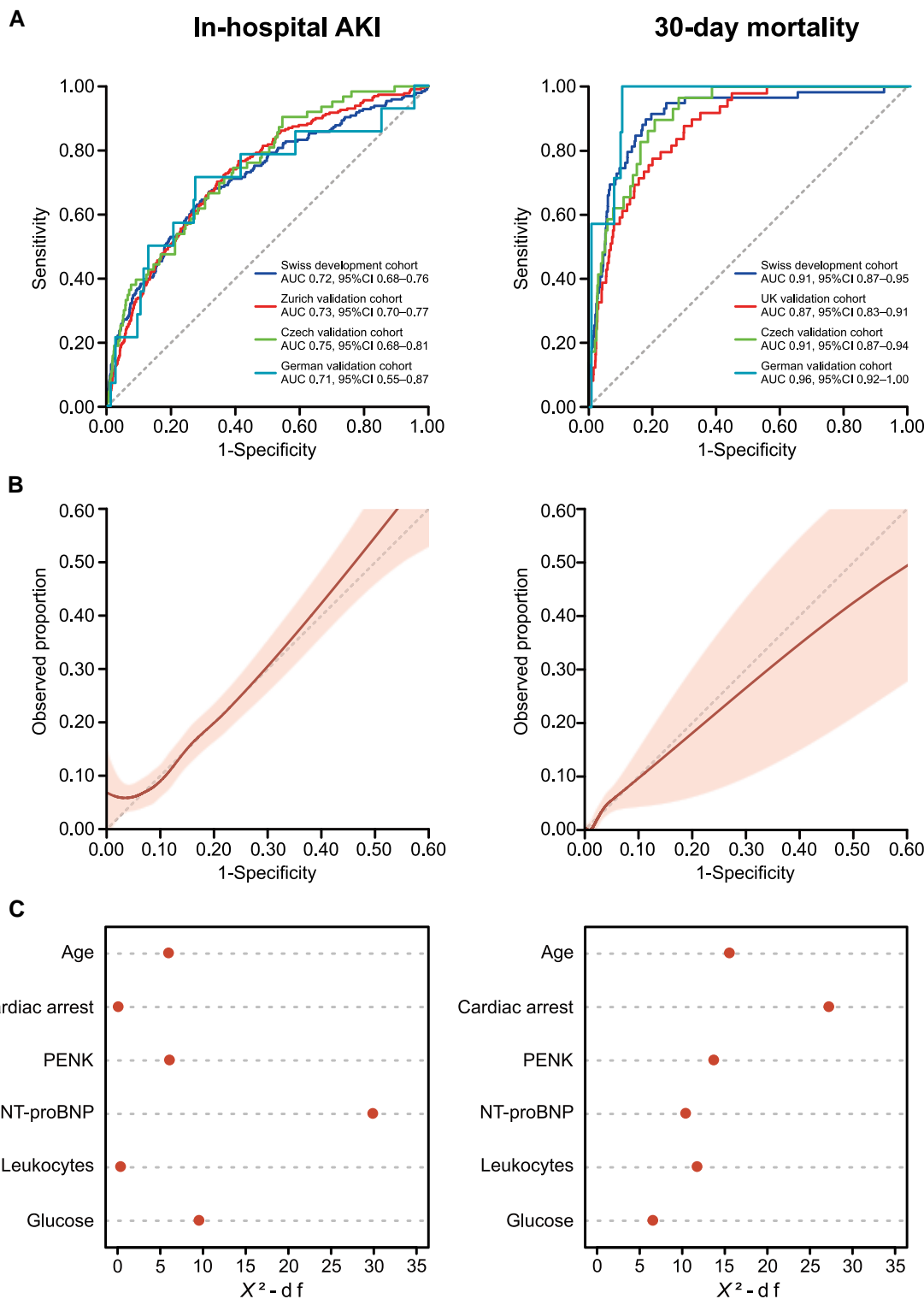


Figure 2 Performance of the KID-ACS score. (A) Receiver operating characteristics curves of the KID-ACS score for predicting in-hospital acute kidney injury (left) and 30-day mortality (right). (B) Smoothed calibration plot of the KID-ACS score for predicting in-hospital acute kidney injury (left) and 30-day mortality (right). (C) Importance of KID-ACS score features in the model prediction of in-hospital acute kidney injury (left) and 30-day mortality (right) measured by partial Wald χ^2 minus the degrees of freedom. AUC, area under the receiver operating characteristic curve; CI, confidence interval; NT-proBNP, N-terminal pro-B-type natriuretic peptide

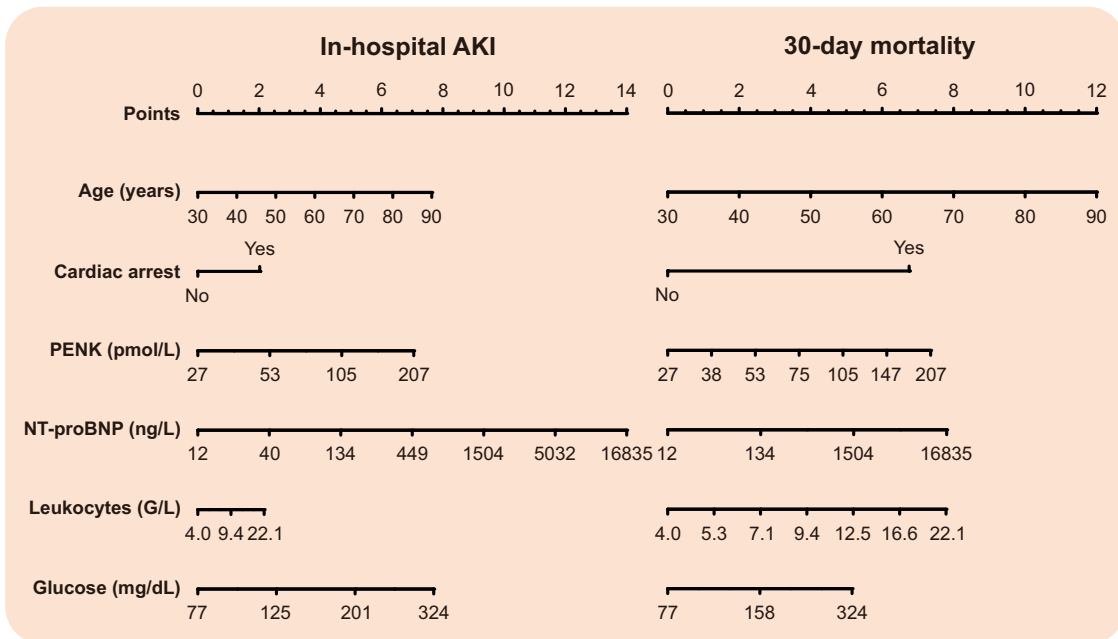
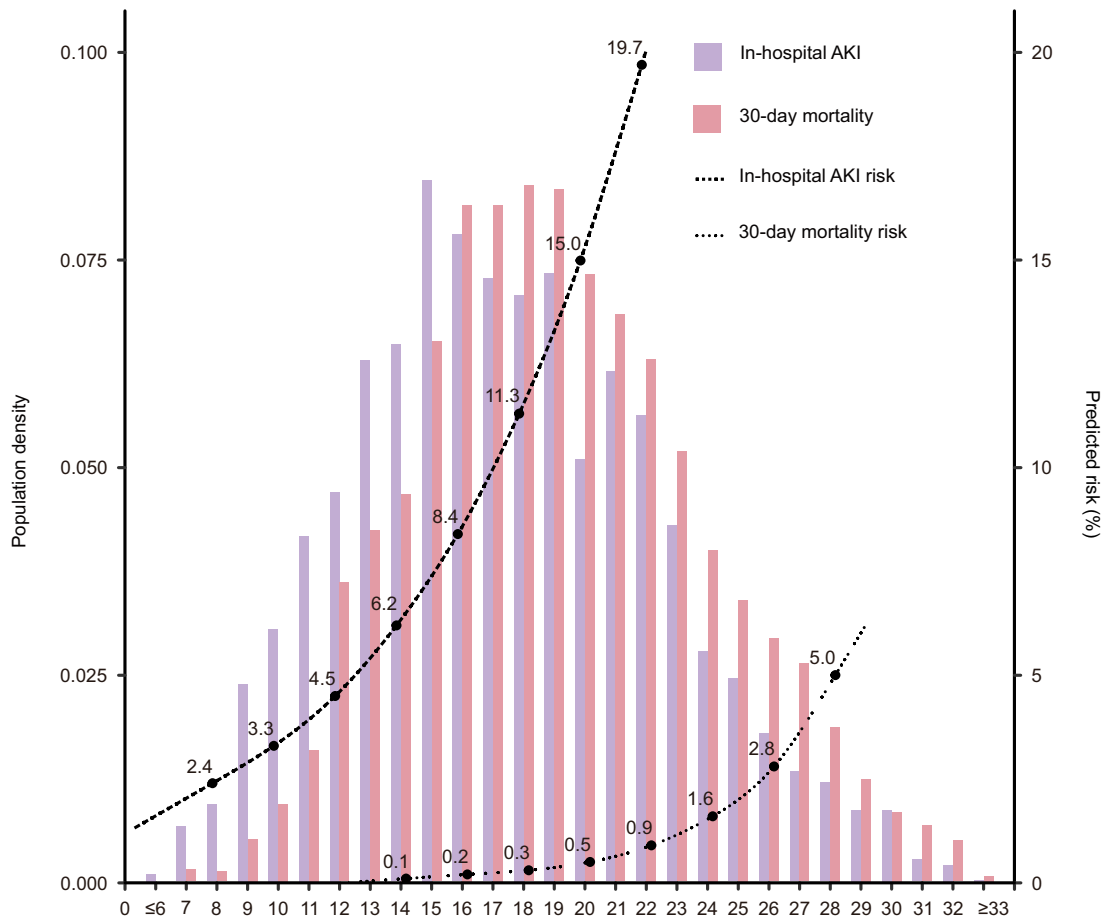


Figure 3 The KID-ACS score nomogram for bedside application. Risk curves refer to in-hospital acute kidney injury (left) and 30-day mortality (right). The histogram shows the KID-ACS score distribution in the derivation cohort with adjacent bars referring to in-hospital acute kidney injury and to 30-day mortality, respectively. NT-proBNP, N-terminal pro-B-type natriuretic peptide; PENK, proenkephalin

blinded measurement of PENK using a validated assay guarantees highest analytical accuracy. Further, external adjudication of diagnoses at time of presentation and clinical outcomes during follow-up by an independent clinical event adjudication committee ward off assessment bias.

Our study has limitations. First, the all-cause mortality rate in the Swiss cohort was moderate, which might be due to demographic, socioeconomic, and geographic factors given that other ACS cohorts in Switzerland are characterized by similar mortality rates.^{18,98} However, sufficient statistical power was confirmed by sample size estimations. Second, data on the KID-ACS score endpoint in-hospital AKI were lacking in the UK cohort. Yet, the availability of four ACS cohorts permitted external validation for each endpoint of KID-ACS in independent patient data. Third, serial blood sampling was only performed in the Swiss cohort preventing from the exploration of dynamic changes in PENK levels in the other cohorts. However, established internal validation strategies confirmed the relationship between early trajectories of circulating PENK and AKI development in patients with ACS, consistent with previously conducted studies in other critically ill patient populations.^{14,99} Fourth, as no repeated measurements of creatinine at 12–24 h were routinely documented, development of in-hospital AKI occurring exclusively after this time point could not be assessed. Next, the lack of information on albuminuria precluded the inclusion of this AKI-associated parameter¹⁰⁰ in our multivariable models. Further, due to restricted availability of cystatin C, analyses including this variable could only be performed in a subcohort of patients. These analyses should be interpreted with caution, yet they are in agreement with the main results. In addition, due to a lack of repeated renal function testing at 1 year of follow-up, CKD was ascertained by a single eGFR value without accounting for variations in serum creatinine levels and the estimation method. Moreover, no time-dependent data on 1-year CKD were available, and thus, potential censoring due to fatal events after index ACS could not be considered. Furthermore, our results primarily apply to patients with atherosclerotic ACS pathobiology and the validity of the findings in ACS types that are not due to macrovascular atherosclerotic lesions, such as Takotsubo syndrome and myocardial infarction with non-obstructive coronary arteries, is not warranted. Finally, the extended seven-item post-procedural KID-ACS score adds predictive value but can only be applied in patients with both measurements available (see [Supplementary data online, Figure S4](#)).

Future directions

Incorporation of biomarkers into clinical risk assessment holds promise to refine personalized treatment strategies. Additional clinical studies on the role of PENK in acutely ill cardiovascular patient populations are warranted to better understand its clinical merits. The newly developed KID-ACS score provides a tool for early cardio-renal risk stratification, which may guide patient selection and targeted interventions in patients presenting with ACS in future trials. Further external validation is essential to evaluate the performance of the KID-ACS score in other populations. Collectively, more evidence on the assessment of kidney risk and its application to individualized management of patients with ACS is needed.

Conclusions

We show that circulating PENK adds incremental value to the prediction of renal outcomes and mortality in patients presenting with ACS. Moreover, we found an association of AKI development during index

hospitalization with long-term renal outcomes and mortality after ACS, highlighting the importance of risk-tailored patient management. The novel 6-item KID-ACS risk score integrates PENK and predicts both in-hospital AKI and 30-day mortality above and beyond established risk models. KID-ACS provides a simple tool for early risk assessment in patient with ACS.

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Supplementary data

[Supplementary data](#) are available at *European Heart Journal* online.

Declarations

Disclosure of Interest

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Data Availability

The data underlying this article cannot be shared publicly due to data protection regulations related to the different patient cohorts involved in this study. Requests for the data and additional documents related to this study should be made to the corresponding authors.

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Ethical Approval

The present study was carried out in accordance with the Declaration of Helsinki and approved by local Ethics Committees (reference number: EK-1688/2019-01809).

Pre-registered Clinical Trial Number

The pre-registered clinical trial number is NCT01000701.

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